

## Calendar for Week of 3/6/2022

### SUNDAY

- 8:30 - Contemporary [Worship Center]
- 9:45 - Contemporary [Worship Center]
- 9:45 - Sunday School
- 11:00 - Traditional Worship [Sanctuary]
- 11:00—Confirmation Class [Forge]
- 11:00 - Parenting SS Class [Lounge]
- 11:00 - COGS Kids [Hall]
- 3:30 - Good Friday Drama Rehearsal
- 6:00—Middle School Youth Night

### MONDAY

- 10am—Staff Meeting
- 4-8—Private [sanctuary]
- 6:00 - CR Praise band rehearsal [WC]
- 7:00—Staff Parish Relations [Lounge]

### TUESDAY

- 7:00—Disciple [Lounge]
- 7:00 - Finance Team [Hall]

### WEDNESDAY

- 11:00 - Celebration of Life [see announcements]
- 5:30-8:00 - High School Yth [Hall/Forge]
- 7:00 - Celebrate Recovery
- 7:00—Traditional Choir [choir rm/sanctuary]

### THURSDAY

- 5:00 - Contemporary Design Team
- 5:30—Traditional Design Team
- 6:00 - CR step study [rm 21]

### FRIDAY

### SATURDAY

- 9:00 - Contemporary Worship Rehearsal
- 9-12 - Clothing Swap [Pavilion/Hall]

### SUNDAY (Daylight Saving Time)

- 8:30 - Contemporary [Worship Center]
- 9:45 - Contemporary [Worship Center]
- 9:45 - Sunday School
- 11:00 - Traditional Worship [Sanctuary]
- 11:00—Confirmation Class [Forge]
- 11:00 - Parenting SS Class [Lounge]
- 1:30 —4- Private [Hall/Pavilion]
- 3:30-5:30 - Good Friday Rehearsal [WC]
- 4: 00 - Private Hall, yth rm, Gthrg Area
- 6:00—Middle School Youth Night

**WE EXPRESS APPRECIATION** this morning to everyone who helped with this service.

Welcome to Contemporary Worship. We are so glad you are here this morning!

### Mission Statement for the Church of the Good Shepherd

We are committed to:

Connecting persons to Jesus Christ  
Connecting with broken and hurting people

Challenging persons to grow and celebrate their relationship with Jesus Christ  
Equipping persons and partnering with them to serve in God-powered ministry



Reverend Janet Sadel  
United Methodist  
Church of the Good Shepherd  
1500 Quentin Road,  
Lebanon, PA 17042  
717-272-7741  
www.umcogs.org

*Connecting with God in  
Worship and Community*

United Methodist  
Church of the Good Shepherd  
1500 Quentin Road, Lebanon, PA 17042  
717-272-7741  
web: www.umcogs.org  
Lead Pastor Janet Sadel  
Pastor Lisa Flory



**A Jesus-Shaped Life: Made for This  
“Getting in Shape”**

**March 6 , 2022  
Sunday worship 8:30 / 9:45 p.m.  
Contemporary Worship  
in the Worship Center**

*A Jesus-Shaped Life: Made for This*  
**“Getting in Shape”**

**Welcome**

**Announcements**

**Opening Music:** *The God Who Stays*

By: AJ Pruis/ Jonathan Smith/ Matthew West

**Call to Worship**

**Scripture:** Romans 6:8-15, 21-23

**Song Celebration**

*Who You Say I Am  
Made To Worship  
Potter's Hand*

**Message:** “*Getting In Shape*”

**Scripture:** Romans 12:1-2

**Speaker:** Reverend Janet Sattel

**Communion**

**Lords Prayer**

**Prayer**

**Prayer Response:** *Have Thine Own Way Lord*  
[Instrumental]

**Giving of Our Gifts**

**Musical Offering/Closing Song**

*Made In Your Image*  
By: Benjamin Banton/ David Wakerley/  
Joshua Banton

**Sending Forth**

*A Jesus-Shaped Life: Made for This*  
**“Getting In Shape”**  
**First Sunday in Lent**  
**Pastor Janet Sattel**

What does that mean – to be in spiritual good shape? We want to look like Jesus. Steve Cordle writes that “God’s eternal goal is that we live a Jesus-shaped life.”

We all know the expression that “I feel like my life is spinning out of control.” That is what sin does to us. We’re out of balance and we become misshapen.

First, we need to recognize the sin in our lives. Because of the work of Jesus on the cross, we have been set free from sin and we no longer HAVE to sin. We have been forgiven.

Becoming like Christ requires a partner – the Holy Spirit is our partner. The Holy Spirit is the one who helps us identify the things that want to shape us – the things of this world – and tells us don’t be formed by this world – but by Christ.

Jesus offers us a life of wholeness – that is what comes from holiness. It is giving up the ways of this world to follow the ways of Christ. It is becoming what God intended for us to be – a whole human being made in God’s very image.

John Wesley spoke of spiritual disciplines: regular attendance at church – being in a small group - the Lord’s table – prayer - regular scripture reading. This is how the Holy Spirit speaks to us – through all these means. Or as Wesley called them, “means of grace” – it is a way for the grace of God to get into our lives.

We come to God as we are, but God loves us too much to leave us that way. He wants us to grow into beautiful creations who resemble Jesus.

**2022 Mission Support**  
International

Congo Partners in Mission, Heifer Int., UMCOR  
(United Methodist Committee on Relief), Africa  
University

Lebanon County

COGS in Motion, Gretna Glen Support, Habitat for  
Humanity, Iglesia Nuevo Nacimiento, Lebanon  
County Christian Ministries (LCCM),  
Support Connections of Lebanon County (SCLC),  
Good Shepherd Care and Compassion Fund.

**Church Office Hours**

Monday-Friday: 9am-2pm

Would you like to speak to someone regarding a personal or spiritual issue? Please contact the church office (717-272-7741) to set up a time to speak with a pastor.

Rev. Janet Sattel, Lead Pastor  
Rev. Lisa Flory, Pastor of Equipping  
Mary Smith, Coordinator of  
Contemporary Worship Ministries  
Alice Snell, Administrative Assistant  
June Rose, Director of Children and  
Family Min.

Connor Felty, Youth Director  
Andy Roberts, Music Leader  
Jacy Seltzer, Media Director