



COGS

Weekly News!

December 26, 2021

Sunday Worship Services
8:30—Contemporary Worship
9:45—Contemporary Worship
11:00—Traditional Worship
Sunday School: 9:45 a.m.



United Methodist
Church of the Good Shepherd
"connecting to broken and hurting people"

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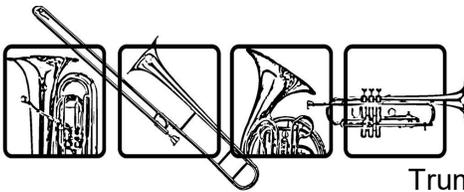
Hello Church Family,

In this time of giving and celebration, we want to make sure we show appreciation to our staff members here at COGS. It has been a year of transition and growth for our church and our staff alike. We are so thankful and blessed to be led by such dedicated individuals who have gone above and beyond all year long to insure that we have a place to worship our Heavenly Father, to love and serve those in our community, and to strengthen and thrive in our faith. We will be collecting donations for an end of the year gift to help show our appreciation to our COGS leaders.

Donations for our Pastoral Gift will be collected until January 5th. You can drop your cash or check donation in the offering plate, mail them to the church office, or give them to Kathy Zavadak, Kim Mann or Dana Risser. ***Please make checks payable to Church of the Good Shepherd with "Pastoral Gift" in the memo line. Please make sure all donations are in an envelope labeled Pastoral Gift.***

Thank you and Merry Christmas,
COGS SPRC

Thank you to the Brass Ensemble playing between 4 & 6 pm Christmas services. Young and old alike joined together to play their instruments for us. A Big THANKS to each of them.



Trumpet
Ethan Beiler
Ted Doane
Brian Kiss
Jack Hoffman
Alex Reimann
Dale Reimann
Michael Stauffer
French Horn
Audrey Fugate
Abbey Joseph

Trombone
Steven Leibig
Michael Pityk
Peter Pityk
Eric Stauffer
Jonathan Webster
Abby Zimmerman
Baritone
Claire Fugate
Tuba
Max Liedtka
Trevor Webster

PLACE is back!

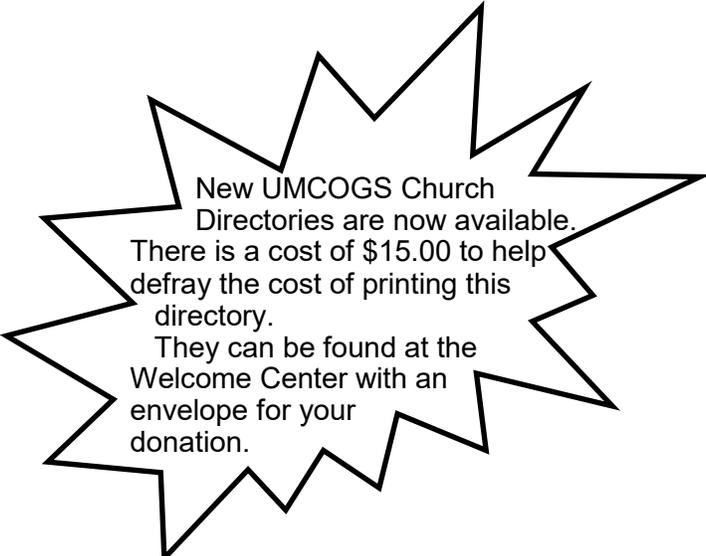
It has been a while since we have been able to offer a PLACE Event, and now we are excited to let you know that we have a date and a time! Our event will be on **Saturday, January 29 from 8:30-3:00.**

For those of you who are new to our church family, PLACE is a tool that we use to help people identify their spiritual gifts and discover their “place” to serve in ministry and in life. We would love to tell you more about it, so we invite you to stop by our PLACE table in the Gathering Area to learn more and to sign up, or you can contact Pastor Lisa or Kathy Zavadak for information.

There is no charge for the materials, and lunch is provided for a donation. All are welcome: those who have previously taken PLACE and wish to take a second look at their profile, as well as those who are new to our church or to PLACE. We are looking forward to a great time of sharing and growing together!

Fresh Start Emergency Homeless Shelter

The FRESH Start Emergency Homeless Shelter will be transitioning from a hotel to a permanent location on January 3rd. The new location is the EC Church on 6th and Chestnut Street in Lebanon City. Volunteers will be needed to run the shelter. The positions needed include: Welcome and Check-in, Safety Check, Refreshments, and Overnight Volunteers. The volunteers for the first three positions arrive at 8:00 PM and stay through 9:30 PM. The overnight Volunteers arrive at 9:00 PM and stay through 6:30 AM. Background checks and a brief training are required. The link to the training is <https://forms.gle/E7ScMRP4oURuPz7G9>. or contact Lesvi Marrero at lesvi@lccm.us for more information on how you can get involved. This is a much needed outreach in our community—please consider prayerfully whether you might be called to serve the homeless in Lebanon through this ministry.



New UMCOS Church Directories are now available. There is a cost of \$15.00 to help defray the cost of printing this directory. They can be found at the Welcome Center with an envelope for your donation.



**Celebrate
Recovery**
A CHRIST CENTERED Recovery Program

Let's be honest. Most New Year's resolutions don't last. They don't work and the reason why is because they're based on "I" will change, "I" will stop, "I" will start. All "I" statements. At Celebrate Recovery we learn that we can't do it on our own power. We cannot pull ourselves up by our own bootstraps. We needed a power much greater than us. We came to believe that Higher Power is Jesus Christ.

This year instead of making New Year's resolutions, I strongly suggest you make Christ-centered commitments. They last. They work. Why?

Join us at 7 pm Wednesday, Dec. 28 at Church of the Good Shepherd to find out!

What is Celebrate Recovery?

CR is a biblically-based, 12-step ministry based on the actual words of Jesus Christ. It is a safe, confidential place at **Church of the Good Shepherd** where you can begin to address these hurts, habits, and hang-ups. By trusting in Christ completely and allowing the Holy Spirit to confront our deeply held beliefs and confront the sins and distorted thinking (a.k.a. lies), we can begin to find freedom from the beliefs, hurts, habits and hangups that may be tripping us up.

We are going to spend each week looking at a hurt, habit or hang-up and how through Christ we can begin our recovery journey based on Biblical truth.

Resentment/unforgiveness

Who hasn't been hurt by the actions or words of another? Resentment is defined as bitter indignation at having been treated unfairly. Psychology Today expands on that definition, stating that it is the persistent feeling of being treated unfairly and not getting due respect, appreciation, affection, help, apology, consideration, praise, or reward. It keeps us locked in a devalued state, wherein it's extremely difficult to improve or appreciate or connect positively with people in general.

Effects of resentment

According to the Mayo Clinic, if you're unforgiving and hold a grudge, you might:

- Bring anger and bitterness into every relationship and new experience
- Become too wrapped up in the wrong that you can't enjoy the present
- Become depressed and anxious
- Feel that your life lacks meaning or purpose, or that you're at odds with your spiritual beliefs

Lose valuable and enriching connectedness with others.

What the bible says

The Bible has a lot to say about resentment, but it has more to say about forgiveness. If you've been hurt by someone, your feelings are valid and justified. However, hanging on to that anger and resentment means you're the one who pays most dearly. The question isn't "Is my resentment valid?" it's "Do I *want* to be resentful?" By embracing forgiveness, you can also embrace peace, hope, gratitude and joy. According to Dr. Henry Cloud, co-author of the book *Boundaries*, forgiveness means giving up the right to seek repayment from the one who harmed you. It takes only one person to forgive. It is not the same thing as reconciliation or trust, which requires acknowledgment on the part of the other person. In other words, it takes two to reconcile and re-establish trust, but it takes just one person to forgive and that act is FOR YOU.

Above *all* else, guard your heart, for everything you do flows from it." Proverbs 4:23



COGS top bucket for the Salvation Army Bell Ringers

Church of the Good Shepherd was the top bucket on Saturday, December 11 out of all the other organizations that rang on Saturday...15 in all!! We raised \$875.00, .

Thank you to all who rang on Saturday, We are now up to \$55,000.00, with a goal of \$99,000.00.

God bless you all

Guie Lebo, Chair of the Board

Offering Counters



Would you like to help count the Sunday collections from our parishioners? It would take approximately 1 hour after the 2nd service. It is a simple process and easy to learn. We try and schedule folks no more than once a month-the more counters we have the better the rotation.

If interested in learning please contact John Pennington Phone-717-813-3505
email-sjpenn58@commcast.net



**The weather is changing. Are you thinking Soup?
So are we!**

The Super Soup Sale is Returning in January!

We will kick off this super soup season on January 2nd with sign-ups for super soup makers and super soup sellers

(there may be a limited amount of soup for sale on January 2nd).

Soup maker's kits with information and soup containers will be available to all super soup maker volunteers as they sign up for all super soup sale Sundays.

Look for more information to come soon



WEB PAGE



DONATIONS