



United Methodist
**Church of the
Good Shepherd**
"connecting to broken and hurting people"

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Christmas Eve Contemporary Worship Services

We have already started planning for our Christmas Eve services this year! There will be so many opportunities to serve and share in the different area ministries throughout the church and in our community during this blessed season.

The Contemporary Christmas Eve services will be at 6PM and 8PM this year. Hopefully allowing better timing of parking and movement of people from one place to another.

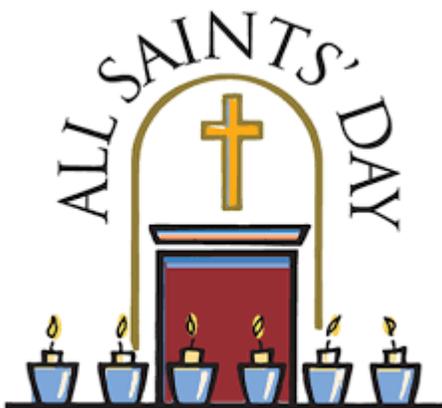
If you play an instrument or enjoy singing we are looking for people to take part in both of these services. (rehearsal time to be announced) It is a full evening but very rewarding being able to serve and celebrate with one another. (and we have food and snacks available between the services for all those participating! 😊)

We are also planning something extravagantly special and we are looking for drummers of "all ages" We would like to perform a special number with a variety of drums and drummers at the beginning (and possibly the end) of each of our services. If you would like to be a part of our "drum line" please let Mary Smith know at msmith@umcogs.org This would be a **BIG** commitment but very fun and rewarding one!

ROLL CALL OF THE SAINTS

Millie Grimes, February 18, 2020 (Robert L. Grimes, 2016)
David Burkholder, March 1, 2020
Bruce Keller, March 3, 2020
Lois Cannon, June 7, 2020
Phillip Snell, October 14, 2020
Fred Greenawalt, December 9, 2020
Bob Gearhart, December 10, 2020

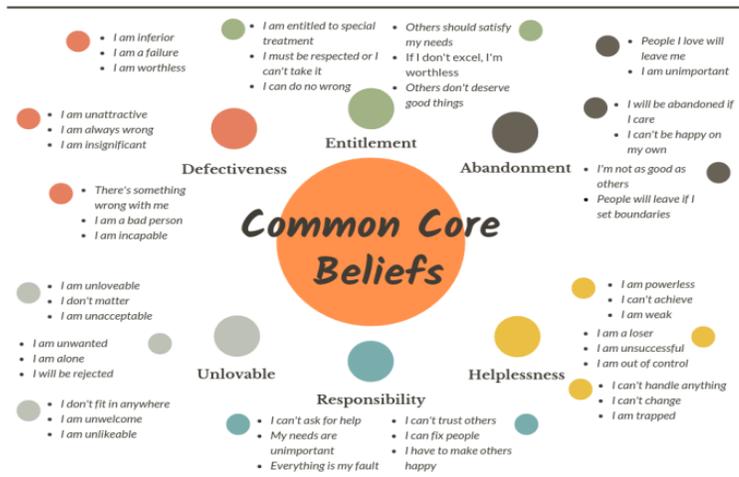
Marlin Stoner, January 15, 2021
Bob Kiscadden, September 3, 2021
Carol Lynn Morris, September 23, 2021





Celebrate Recovery

A CHRIST CENTERED Recovery Program



WWW.ASTOLDBYBEX.COM/BLOG

What do you believe to be true?

Everyone has core beliefs, and it influences every single thing you do. Core beliefs are deeply buried assumptions that guide our behavior, how we see ourselves and perceive our situations. These beliefs are firmly embedded in our thinking and significantly shape our reality and actions. Sometimes, these beliefs can lead to a distorted view of the world, meaning you have an inaccurate view of reality.

Let's be real. Just because we're Christians doesn't necessarily mean we're healthy in this area. Many of us carry around hurts, habits and hangups that have led to a distorted view of reality.

We invite you to Celebrate Recovery, held at 7 pm every Wednesday. CR is a biblically based 12 step program based on the actual words of Jesus Christ. It is a safe, confidential place at **Church of the Good Shepherd** where you can begin to address these hurts, habits, and hang-ups. By trusting in Christ completely and allowing the Holy Spirit to confront our deeply held beliefs and confront sin, we can begin to find freedom from the beliefs, hurts, habits and hangups that may be hurting us and others. Join us this Wednesday, Nov. 3 as we hear a testimony of a life changed by Christ!

What is a hurt?

A hurt is a life experience that has damaged your heart. More often than not, this occurs in childhood. A hurt is an offense that crippled your ability to cope in healthy ways. It's something that twisted your view of yourself, God and others.

Examples:

- Abandonment
- Abuse (mental, emotional, physical, sexual)
- Neglect
- Betrayal
- Dysfunctional Family
- Divorce
- Neglect
- Rejection

What is a habit?

Habits are unhealthy patterns that start as "remedies." Bad habits are things that constantly lead to trouble in your life. They are repeat, default scripts that you may run to.

Examples:

- Abusive behaviors
- Alcohol
- Bitterness
- Affairs
- Critical spirit
- Drugs
- Eating disorder
- Gambling
- Isolation
- Lying
- Pornography
- Unforgiveness
- Workaholism

What is a hang-up?

A hang-up is a roadblock that keeps you from progressing forward with God's plan. It's using an unhealthy attitude as a coping skill.

Examples:

- Anger/rage
- Anxiety/worry
- Arrogance
- Body image issues
- Codependency (your mood, happiness and identity is defined by another person)
- Control
- Depression
- Fear
- Greed or envy
- Guilt or shame
- Impatience
- Perfectionism
- Self-condemnation

Christmas Stockings for Cornwall Manor Health Care Center



Please watch for the Christmas stockings that will need to be filled with items for our residents at our local health care facility.

A list of instructions is inside each stocking to be filled. Remember no glass, or large items, only travel sized items.

The table is located just inside the front doors of the church and Stockings need to be filled, returned and placed in the box provided by **Sunday November 24th**.

Thank you!



Our *Fun, Fellowship & Service Committee* would like you to mark your calendars for the next event coming soon!

Sunday, November 28th at 6pm

Doors open at 5:40pm

Family Movie Night

The Polar Express

Bring a canned good for LCCM as your admission.

Popcorn will be provided.

Sign up at the Welcome Center OR on the Signup Genius.



warmer. safer. drier.®

We have been confirmed for the week of July 10-16th, 2022 for our upcoming ASP mission trip.

We will be assigned a location later in the spring.

Watch for sign up for this trip.

See Hosea Latshaw for more information



WEB PAGE



DONATIONS



We need your smiling faces.

This summer we started taking photos of our COGS family. In reviewing this project, we are still missing quite a few pictures of our church family. You do not need to be a COGS member to be in our directory, it is for all who attend our church.

We will have a photo opportunity set up in the gathering area **now through Nov. 21st**. Stop by the table, review your information and have a quick picture taken.

If you would like to help staff this table, please sign up at the link below.
<https://www.signupgenius.com/go/30E0A4DA4A72DA1F58-cogs2>

Our hopes are to have an updated / printed version for our entire COGS family by the end of the year.



COGS SAFE SANCTUARY UPDATES

Emails were sent out in October, to all COGS volunteers about their clearances. If you are in need of an updated Child Abuse, Criminal or

Safe Sanctuary training the email details the steps to take.

If you need a Volunteer Application, they will be on the Welcome desk each week, feel free to take one, fill it out and return to June Rose's mailbox.

Lets all help keep our COGS KIDS safe.

Call, text or email June Rose if you have any questions.

717-821-2207, jrose@umcogs.org



Christmas Poinsettias

Due to the early deadline from the florist, it's time to order Christmas Poinsettias for the church.

Deadline is November 21st.

Details:

- * Cost per plant (6.5" 5+ bloom): **\$7.00**
- * Make checks payable to **"Church of the Good Shepherd"**
- * **Mail check and order form to:**

UMCOGS
c/o Abbie Burton
1500 Quentin Road, Lebanon, PA 17042

- Order as many plants as you wish by using the form below or order on the form at the Welcome Center.
- **Deadline to mail your order: Monday, November 21st**
- After the Christmas Eve services you may take your plant(s) home with you.
- Any questions, please call Abbie Burton 717-201-0833

Send in this bottom part with your payment.

Your Name: _____

Phone Number: _____

Flowers are in... (pick one of the 3 choices below)—if ordering multiple flowers, please list them on the back.

__Honor and Glory to God

__Memory of (name of person) _____

__Honor of (name of person) _____
Relationship to you: (ex: your father, mother, brother, daughter, etc.)

By: (name(s) of those who are giving the flower)
