

COGS Weekly News!

March 14, 2021



United Methodist
**Church of the
Good Shepherd**

"connecting to broken and hurting people"

1500 Quentin Road, Lebanon, PA 17042

Phone: 717-272-7741

Rev. Alan Smith, Sr. Pastor

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Worship Times

Saturday 6:00 p.m.—Parking Lot worship

Sunday 8:30 a.m.—Parking Lot worship

Sunday 9:45 am—contemporary WC & On Our Web

Sunday 11:00 a.m.—Sanctuary & On our Web

On the Web... **umcogs.org** you can find the services from Sunday both Contemporary and Traditional, along with the bulletins and announcements and past services.



Wednesday Morning Prayer & Sacrament from 7:00-7:30AM.

Pastor Al Smith will lead the morning scripture readings at 7AM and serve communion to those present. You may join us in the sanctuary for this short service. Pre packaged communion kits are used. Please wear face coverings.



Flower Chart to sponsor the Altar flowers in the Sanctuary for traditional worship is now available at the Welcome Table.

Easter Sunday Schedule

SATURDAY: 4/3 at 6pm: Drive-In (Tune into radio station 88.5)

Sunday: 4/4 at 6:30am: Sunrise Service outside in the outdoor chapel. (Bring your own lawn chair— limited seating)

Sunday: 4/4 at 8:30am: Drive-In (Tune into radio station 88.5)

*Sunday 4/4 at 9:45am: **seating is full.***

Sunday 4/4 at 11:00am: Traditional Service [Sanctuary]

Sunday 4/4 at 12:30pm: Contemporary Service [Worship Center]

Sign-up: : <http://bit.ly/COGSEaster>





Join the House Team!

Get to know other people and help out your church.
Contact: Yvonne Roberts email address:
ilove2design@comcast.net

- **Weekly Lenten Devotional** messages from area United Methodist Pastors posted on our church website (www.umcogs.org)
- Lebanon Area United Methodist Churches: **Recorded Good Friday Service** will be posted on our websites by the Pastors using the Gospel passages on March 14 and 15.
- **Live-streamed Contemporary Worship Services Sunday mornings** at 9:45AM on our Facebook page: www.facebook.com/umcogs
Recorded Contemporary and Traditional Worship Service posted on our website later on Sunday afternoons.



Have you ever been caught in a negative pattern of thinking or behavior that you know isn't right but you can't seem to change it? Insanity has been defined as 'doing the same thing over and over again, expecting a different result each time.' On the flip side, sanity has been defined as 'wholeness of mind' making decisions based on the truth."

Join us from 7-8:30 pm on Wednesday, March 14 at Celebrate Recovery to hear

more about the gifts we receive when we believe that Jesus has the power to restore us to sanity. Our large group meeting includes live contemporary worship music, and alternates between a testimony and a recovery lesson week to week. You may be wondering if Celebrate Recovery is for you. We often joke and tell people, "Well, do you have a pulse?" Which is just a funny way of saying that Celebrate Recovery is for all of life's hurts, habits and hang-ups. A common misconception is that CR is limited to those struggling with substance abuse issues. 60 percent of people who attend CR worldwide are not there for substance abuse issues. The Bible tells us that we are all sinners; that we all miss the mark and fall short of the glory of God. In essence, we are powerless without Jesus. The first of 8 principles in CR says that we are all powerless to control our tendency to do the wrong thing and that our lives are unmanageable. "Happy are those who know that they are spiritually poor." Matthew 5:3. CR is a safe, confidential and anonymous spiritual program of action (discipleship). We follow 12 biblical steps designed in a specific order to help you gain freedom from the compulsive behaviors, addictions and pain that are weighing you down. Examples of hurts, habits and hang-ups include: fear of abandonment, abuse recovery, anger/rage, bitterness, chemical dependency, codependency (aka the 'disease to please'), compulsive shopping, depression, divorce recovery, domestic violence, eating disorders, fear/anxiety, financial issues, forgiveness/unforgiveness, gambling addiction, grief, guilt, honest issues, hurtful or dysfunctional relationships, insecurity, narcissistic behaviors, obsessive-compulsiveness, overspending, perfectionism, pornography, pride, procrastination, fear of rejection, rejection, self esteem issues, sexual abuse, sexual addiction, shame, workaholism.

Contact co-ministry leaders Andrea Gillhoolley at agillhoolley717@gmail.com or Jason Gillhoolley at jgillhoolley@gmail.com for more information. In addition to the large group, CR has small groups that meet at a separate day and time during the pandemic due to space issues.

Small groups are held Thursday evenings via Zoom. Please contact Jason Gillhoolley at jgillhoolley@gmail.com if you're a man, or Andrea Gillhoolley at agillhoolley717@gmail.com if you're a woman to join the groups.